

What's Culture Got To Do With It? Part I

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Defining Culture

- ❖ Shared world view
- ❖ Way to organize beliefs
- ❖ Way to make sense of life
- ❖ What people hold to be worthwhile
- ❖ Helps determine what is worth knowing & doing

Components of Culture

- ❑ Language & Communication
- ❑ Values & Beliefs
- ❑ Symbols, Artifacts & Rituals
- ❑ Customs & Norms about behavior
- ❑ Assumptions & Accumulated Knowledge
- ❑ Traditions & Folklore
- ❑ Food, Dance & Music
- ❑ And more...



Essential Features of Culture

- ❖ Culture is Learned
- ❖ Culture refers to systems of meaning
- ❖ Culture acts a shaping template and as a body of learned behaviors
- ❖ Culture is taught and reproduced
- ❖ Culture exists in a constant state of change
- ❖ Culture includes patterns of both subjective & objective components of human behavior

Cultural Difference

- ❖ Refers to a relationship between two perspectives
- ❖ Involves self-awareness & an awareness of the other person including any differences in the contrasting culture

Cultural Humility

- ❖ Lifelong commitment and active engagement to self-evaluation and self-critique
- ❖ Redressing the power imbalance in the physician-patient dynamic
- ❖ Developing partnerships with communities on behalf of individuals and defined populations that are
 - mutually beneficial and
 - non-paternalistic

Platinum Rule

Treat others the way **they**
would like to be treated

Exercise in Multiculturalism

- ❖ Instructions provided during presentation

Optimal Primary Care

“...an understanding of the cultural, nutritional, and belief systems of patients and communities that may assist or hinder effective health care delivery.”

Institute of Medicine

Closing

Potential impact on patient care